

CAMP HINDS

# LEADER GUIDE

SUMMER 2024

CAMP WILLIAM HINDS  
PINE TREE COUNCIL  
RAYMOND, MAINE





# LEADER TIMELINE



## 30 Days Prior to Troop Coming to Camp Hinds

- Finalize plans, shakedown equipment, leadership, and transportation
- Make final payments to Council (bring receipts to camp!)
- Review Merit badge online sign-up or forms for all campers
- Collect and review BSA Health Forms For accuracy And completeness
- Prepare gear for Wednesday **Dutch oven** cookout meal in campsite
- Arrange for emergency funds

## At Least Two Weeks Prior to Your Arrival

- Mail **photocopies** of all current BSA Health Forms and Advancement Registration materials (if not done online) to Camp Hinds. **DO NOT EMAIL FORMS.**
- Mail Forms Directly To Camp Hinds at:  
Camp Hinds  
146 Plains Road  
Raymond, ME 04071
- Contact the Camp Director if anyone in your troop has dietary concerns!

## 12:30 PM on Sunday of Your Week at Hinds

- Meet at Tabor Retreat at 12:30 PM for **Scoutmaster & SPL Orientation**
- Bring two copies of your Troop Roster (attached to this leader guide)
- Bring **photocopies** of all **current BSA Health Forms.**





# WELCOME TO HINDS!



Less than an hour outside of Portland, Camp Hinds is nestled on the shores of Panther Pond in Raymond, Maine. Camp Hinds is owned and maintained by Pine Tree Council, BSA. Founded in 1927, Camp Hinds boasts 300 acres of beautiful landscapes full of opportunities. Camp Hinds has a number of facilities including a Dining Hall with over 500 seats, a Health Lodge, a Recreation Hall, a Trading Post, High and Low Ropes Courses, Messer Training Center, waterfront areas, and more! Hinds is primarily used as a traditional resident summer camp and as the headquarters of Pine Tree Council, but the action doesn't end there! Once summer camp has ended, many scout units utilize the beautiful properties and facilities at Hinds throughout the fall, winter, and spring.

## **Camp Contact Information**

A phone is located in the camp office for emergency and business use. The camp phone number will be given to leaders upon arrival in camp. If there is an emergency, please call this number.

Scouts love to receive mail during their stay at camp! We encourage you to write letters to your scout early in the week to ensure the mail will reach camp during your scout's stay. A mailbox is located in the trading post for each campsite and mail is delivered daily. Leaders, please check your campsite's mailbox a few times a day for messages and mail. All emergency messages will NOT be placed in your mailbox, but will instead be delivered by camp staff immediately to the involved party's adult leaders in camp.

Mailing Address:

Scout's Name

Scout's Troop # and Campsite

Camp Hinds

146 Plains Road

Raymond, ME 04071

To reach camp leadership, please call the camp office or email the Camp Director and Program Director using the information below.

**Camp Director - Jacob Lanoue**

[hindsdirector@ptcbsa.org](mailto:hindsdirector@ptcbsa.org)

**Program Director - Anna Gervais**

[hindsprogram@ptcbsa.org](mailto:hindsprogram@ptcbsa.org)

## **Stay Up to Date**

Follow us on Facebook!

Camp William Hinds

Follow Us on Instagram!

[@camp\\_hinds](https://www.instagram.com/camp_hinds)

Visit Us Online!

[www.camphinds.org](http://www.camphinds.org)



# CAMP DATES



## Week 1: June 30th - July 5th

- Traditional Summer Camp for Troops and Provisional (Troop H) Scouts
- Casco Bay Sailing Experience
- Counselor In Training Program Week 1
- Polaris (First Year Camper) Program

## Week 2: July 7th - July 12th

- Traditional Summer Camp for Troops and Provisional (Troop H) Scouts
- SCUBA Week with NAUI Certification
- Counselor In Training Program Week 2
- Casco Bay Sailing Experience
- Additional STEM Merit Badge Offerings Through Portsmouth Naval Shipyard Partnership
- SEAPERCH Through Portsmouth Naval Shipyard Partnership
- Polaris (First Year Camper) Program

## Week 3: July 14th - July 19th

- Traditional Summer Camp for Troops and Provisional (Troop H) Scouts
- SCUBA Week with NAUI Certification
- Counselor In Training Program Week 3
- Additional STEM Merit Badge Offerings Through Portsmouth Naval Shipyard Partnership
- SEAPERCH Through Portsmouth Naval Shipyard Partnership
- Polaris (First Year Camper) Program

## Week 4: July 21st - July 26th

- Traditional Summer Camp for Troops and Provisional (Troop H) Scouts
- Polaris (First Year Camper) Program

## **Camp Hinds Staff**

Camp Hinds has a staff of approximately 40 scouts and scouters. Members of our camp staff are all registered members of the Boy Scouts of America. We are committed to promoting the aims and methods of scouting to the fullest and to providing quality and fulfilling programming for all scouts. Hinds is led by a Camp Director who works with a Program Director as well as Camp's Council Advisor and the Camp Ranger. Each area in camp is overseen by an area director, many of whom have attended National Camping School for rigorous, job-specific training. Camp Hinds meets the standards presented by the BSA National Office for an Accredited BSA Summer Camp and the State of Maine Summer Camp Standards. Our staff are enthusiastic to assist you in any way possible, so please do not hesitate to ask for assistance. Schedule shifts, campsite movement, and program changes may occur occasionally when there is no other alternative. We thank you in advance for your flexibility. All decisions will be made with the best interest of the scouts and the program in mind.



# CAMP PROGRAMS



## CHECK OUT THE PROGRAM GUIDE!

To help our Hinds community better navigate our information and communication, we've separated our Program Guide out from this Leader Guide. We've also created a Parent Guide to help families and scouts feel prepared for their upcoming week at camp. Check out the Program Guide at [camphinds.org](https://camphinds.org).

## TROOP H - PROVISIONAL

Scouts who can't get enough of camp are encouraged to participate in our provisional camper program, also known as Troop H. Troop H is staff supervised and is an excellent way for scouts to attend camp without their troop, or to attend more than one week of camp! All provisional campers stay in Wilderness Campsite. Units who are sending scouts to camp who are unable to bring 2 adult leaders to camp may be placed in Wilderness campsite with the provisional unit to satisfy the two-deep leadership necessary to have a unit in camp. To register for Troop H, visit <https://camphinds.org/registration/>

## COUNSELORS IN TRAINING (CIT) PROGRAM

June 30th, 2024 through July 26th, 2024. Friday nights to Sunday noon off. Recommended for scouts ages 14 + 15 . 3 Full Weeks of Camp for the price of 1! The Counselor in Training (CIT) Program is the perfect opportunity for scouts wanting to spend more time at camp and learn about the exciting life of a member of camp staff! Scouts who apply for this program will spend three weeks working alongside our staff, experiencing and learning the benefits of being a Hinds Staffer. CITs will build communication and leadership skills and will get a jumpstart on work experience.

## THEMED DAYS

Our theme for the summer is Luau Vacation! Check out our daily themes to celebrate even more throughout your week at Hinds!



### **Monday: Fun Sock Day**

Wear your funkiest, favorite socks all day on Mondays!



### **Tuesday: Venturing, Exploring, and Sea Scouting, OH MY!**

If you're a member of a venture crew, an explorer post, or a sea scouting ship, wear your favorite swag and share your favorite experiences in scouting. If you're not in a crew, post or ship, stop to talk with someone who is!



### **Wednesday: Troop Pride Day**

Represent your troop with your favorite troop shirt and show off your troop spirit for Campwide Event!



### **Thursday: OA Day**

Wear your favorite purple merch and wear your sash to dinner. Participate in OA Service Hour after dinner and earn an exciting OA Service Hour patch!



### **Friday: Aloha!**

Wear a tropical shirt and get ready to limbo at our Friday Night Luau!



# CAMP FEES



## YOUTH FEES

The Regular Summer Camp Fee for the Camp Hinds 2024 Season is \$525 per week. An early bird discount is available for all who register before April 15th, 2024. The early bird discount makes the Summer Camp Fee \$475. Registrations must be paid in full before the deadline to receive the discount.

## SECOND WEEK AND SIBLING DISCOUNTS

If you are coming for a second week of camp or have multiple scouts from the same household, your first week of camp is full price and your second week is only \$485! If you register for a second week of camp before April 15th, 2024, you will receive the early bird discount and your second week will only be \$435!

## ADULT FEES

Two adults are free with the first eight scouts! One additional adult goes free for each additional eight scouts. Extra leaders are charged \$120 per week.

## CAMPERSHIPS

Application deadline is April 15th, 2024. Financial assistance, usually a portion of the camp fee, is available on an individual basis for Scouts who could not attend camp without assistance. Applications must be submitted and approved by the unit leader and Pine Tree Council. Applications are available on [camphinds.org](http://camphinds.org) under the "Resources" tab.

## ORDER OF THE ARROW CAMBERSHIP

Campership funds are available through Madockawanda Lodge to deserving scouts through the Lenny Niman Memorial Campership Program. Applications are due May 1st and must be submitted [HERE](#). If you have questions about this campership, please contact [purplelodge271@gmail.com](mailto:purplelodge271@gmail.com).

## CANCELLATION AND REFUND POLICY

30 days prior to start date is full refund, minus a 15% administrative fee. Anything between 2 weeks and 30 days is 50% refund. Within 2 weeks of the event refund is at the discretion of the Camp Director or staff adviser. Refunds are usually only granted in cases of emergency. Units are responsible for paying their registrations in full before they leave for their week of camp.

## SPECIAL PROGRAMS AND HIGHLIGHTS

Most of our special programs like SEAPERCH, SCUBA, Casco Bay Sailing Experience, and certain merit badges are only available for one or two weeks during the summer. We recommend scouts that want to participate in these activities to join our provisional troop (Troop H) if your troop is not attending during a specific week of a specialty program. We give a discount to scouts who attend camp for more than one week. Register by April 15th to receive our early bird rate and an even steeper discount!



# ADULT PROGRAM



## ADULT PROGRAM

### **Scoutmaster Coffees and Leaders Meeting**

Enjoy a fresh cup of coffee and a chance to sit back and chat with other scoutmasters, along with the Camp Director, Program Director, and Camp Commissioners. Meetings are held Tuesday and Thursday mornings at 8:45 in the Dining Hall. An additional meeting will be held on Friday at 8:45 in the dining hall to confirm check out and departure procedures.

### **Safety Afloat and Safe Swim Defense**

Troops wanting to do aquatics activities at camp, particularly the Tenny River Run, need to have at least one adult leader with these trainings. All adults are encouraged to attend this important training on Monday at 11:30 at the waterfront. No swimming is involved. You can also take this training online prior to camp. Please bring proof of training to camp.

### **Leave No Trace**

Leave No Trace training guides scouts and leaders on how to have successful and low impact camping and outdoor adventures. This training is offered for campers and leaders on Monday at 7:15 pm in the Nature Area.

### **Scoutmaster and SPL Meeting**

A meeting for Scoutmasters and SPLs is held on Sunday at 12:30pm at the Tabor Family Retreat. All Camp Scoutmasters and SPLs are expected to attend. No units are allowed into camp prior to 1:00pm. At this orientation meeting, we will discuss emergency procedures, camp rules, merit badges, troop planning, and more!

### **FOR YOUTH: SPL Meetings - Everyday at 11:30**

All SPLs will meet daily with the Program Director at 11:30 am at the Dining Hall. If the SPL is not available, please send a representative.

### **Additional Adult Leader Trainings**

Additional adult leader trainings may be available during your stay at camp. More information will be coming soon. If you're interested in running an adult leader training while you are staying at camp, please reach out to [hindsprogram@ptcbsa.org](mailto:hindsprogram@ptcbsa.org).



# SUNDAY ARRIVAL



Orientation meeting for Scoutmasters and SPLs at 12:30 pm on Sunday

- Arrival for scouts is promptly at 1:00 pm on Sunday.
- Troop entrance into camp begins at 1:00. **NO ONE WILL BE ALLOWED INTO CAMP BEFORE 1:00**

**PLEASE NOTE THAT NO ONE WILL BE ALLOWED INTO CAMP UNTIL AFTER THE SPL/SM MEETING**

Arrival for leaders and scouts will be on Sunday at the start of your scheduled week at camp. **Scoutmasters and SPLs must attend an orientation meeting at 12:30 pm at Tabor Retreat, the pavilion located near Cadigan Lodge and the Archery Range.**

At Camp Hinds, we have two parking lots. One is located on Tenny Side off of River Road and the other is located off of Plains Road. Scoutmasters will know ahead of time which campsite and parking lot families and scouts should go to on Sunday at the start of your week at camp. Scouts should plan to arrive just before gates open at 1:00 pm on Sunday. **If your troop is staying in any of our campsites located on Tenny Side, families and scouts should arrive at the parking lot located off of River Road. If your troop is staying in any of our campsites located in the main camp, families and scouts should arrive at the parking lot off of Plains Road.**

**\*Scoutmasters and SPLs must attend the orientation meeting at 12:30 pm, even if your troop is staying on Tenny Side. The orientation meeting is located at Tabor Retreat, a pavilion that can be navigated to from the Plains Road parking lot.\***

At 1:00, troops will be greeted by their assigned campsite guide, who will accompany the scouts, parents, and leaders to their campsite. A vehicle pass will be given to each troop to allow gear to be brought to the campsite. **Vehicles without a pass will not be allowed into camp.** Once the gear has been fully unloaded, vehicles need to be moved back to the parking lot. Each troop is allowed a trailer with gear to remain in the campsite.

After unloading is complete and all vehicles are parked in the main parking lots, the campsite guide will take your troop on a tour of camp and to the Health Lodge for a medical check-in. All medications must be checked in at the Health Lodge at this time. **As a reminder, it is essential for leaders to have copies of all medical forms in case some are missing. All scouts and leaders staying more than 72 hours at camp need a completed medical form that includes a signed Part C.** Once the scouts and leaders have completed their medical check-in, they will be given identifying armbands to wear for the remainder of their week-long stay at Hinds.

**During medical checks, buddy tags will be given to all scouts and leaders. All must complete their swim test immediately after med checks are complete.** All participants in waterfront or boating activities must have a swim tag. After swim tests, your troop can return to your campsite to get settled until retreat at 5:40 pm. After dinner, a mandatory and brief waterfront orientation and shooting sports orientation will be held for all leaders and scouts.



# MEALS



## FRIDAY NIGHT LUAU AND DEPARTURE

**Join us Friday night at 5:30 for a family luau ! Have your scouts invite their families for dinner! They can purchase tickets at the Trading Post for \$7 ahead of time, or pay at the door. Scoutmasters, please let the Trading Post know by Thursday** how many visitors you will have (approximately) at the Friday Luau! Not only is it your last meal in camp, but it's also the lead in to our closing campfire! Families are encouraged to stay for the closing of their scout's week of camp!

## DINING HALL AND MEALS

Meals are prepared by our kitchen staff and served in the dining hall. The camp menu has been designed and dietician approved to ensure that properly balanced meals are being served to all that visit Camp Hinds each summer. Dinner and breakfast will be served family style, lunch will be served as a grab-and-go. Troops are assigned tables at the dining hall on Sunday by the Dining Hall Steward based on the number of people in your troop, including adults. These assignments will be used for breakfast and dinner. Tables are set to hold 8 people. We strongly recommend that troops assign one adult leader to each table. Please be aware there may be an instance where your troop may share a table with another troop. During breakfast and dinner we ask if you have extra food left in your serving dishes, you share with the tables around you.

## THE WAITER SYSTEM

**The waiter system is used at camp during the family style meals in the dining hall. The waiter system helps facilitate the serving and cleanup of meals. Each troop needs to assign one waiter per assigned table for each breakfast and dinner meal! All waiters are responsible for arriving at the dining hall 20 minutes before breakfast and dinner. Waiters need to arrive at the dining hall for breakfast by 7:10 am and by 5:40 pm for dinner.** The Dining Hall Steward will instruct and assist waiters on how to prepare the tables for dinner. Waiters are the only scouts allowed to get up during the meal to get seconds and desserts. Waiters are also responsible for staying after the meal to clear their tables and sweep the floor. The Dining Hall Steward will dismiss the waiters from their duties when the dining hall has been cleaned properly.

## CAFETERIA STYLE LUNCH

Though breakfast and dinner are "family style" meals, we shift things just a bit for lunch to provide convenience and efficiency for your troop. Our dining hall will be open and serving lunch each day from 12:00 until 1:00. As scoutmasters, you can decide if you want your troop to eat together, by patrol, or with a buddy. You can choose to eat inside the dining hall or outside on the picnic tables (located behind the dining hall near the entrance to Wilderness Campsite). A self-serve salad bar is available in addition to a lunch entree (and dessert) which can be picked up at the buffet line inside the kitchen. Our cafeteria style lunch allows your troop to have flexibility and the opportunity for a longer lunch break or siesta. **\*Friday Lunch will not be cafeteria style, but will be a waited sit-down meal. Please send waiters at 11:40 to set tables for their troop\***

## SPECIAL DIETS

Please contact the Camp Office at least one week prior to your arrival at camp for special diets and dietary concerns. We appreciate your timeliness with this so we can make proper arrangements and food can be ordered. Email Jacob Lanoue at [hindsdirector@ptcbsa.org](mailto:hindsdirector@ptcbsa.org).



# SPECIALTY MEALS



## WEDNESDAY NIGHT DUTCH OVEN BAKE TROOPS BRING YOUR DUTCH OVENS AND GEAR!

### GEAR LIST:

**AT LEAST (2) 12" DUTCH OVENS FOR YOUR TROOP.**

ONE FOR ENTREE ONE FOR DESSERT. PLAN ON AN EXTRA DUTCH OVEN FOR TROOPS MORE THAN 8 PEOPLE, EACH EXTRA DUTCH OVEN WILL FEED 8

### CHARCOAL CHIMNEY & CHARCOAL

ENOUGH FOR THE # OF OVENS YOU ARE BRINGING

### LID LIFTER AND TONGS

**DON'T FORGET YOUR OVEN LINERS AND SEASONINGS!**

### DUTCH OVEN DINNER OPTIONS

#### Chili and Cornbread

Ground Beef

Veggies

Beans

Tomato Sauce

Corn Bread Mix

#### Deep Dish Pizza

Dough

Sauce

Cheese

Veggies

Pepperoni

### DUTCH OVEN DESSERT OPTIONS

#### Peach Cobbler

Peaches

Yellow Cake Mix

Butter

#### Cherry Cobbler

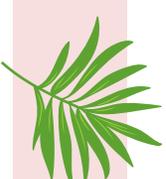
Cherry Pie Filling

Chocolate Cake Mix

Butter



# CAMP HINDS SAMPLE MENU



\*subject to change

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R E A K F A S T		French Toast Bacon Syrup Tater Tots	Waffles Syrup Ham, Egg, Chz Bar	Omelets w/ Cheese Sausage Links	Breakfast Pizza Hash Browns	Western Breakfast Scramble Home Fries
L U N C H	Chicken Tender Wraps Buffalo Chicken Tortillas Cheese Dressings Carrot and Celery Sticks	Tailgate Lunch French Bread Pizza Baked Chicken Wings Assorted Hot Apps French Fries Caesar Salad	Walking Tacos Corn Chips Beef or Chicken Asst veggies Cheese Salsa Sour Cream	Hamburgers w/ bun Hot Dogs w/ bun Pasta Salad Potato Salad Chips	Sausage Sandwiches Italian Sausage Peppers & Onions French Fries	
D I N N E R	Orange Chicken Garlic Broccoli Fried Rice Ice Cream Sandwiches	Baked Mac Macaroni and Cheese Roasted Chicken Breast Roasted Root Veg Brownies	Roasted Pork Loin Mashed Potatoes Steamed Veggies Gravy Dinner Rolls Ice Cream Cups	Cook in your Site! Dutch Oven style Turn in your Meal choices by Monday Lunch!	Pasta Bar Asst. Pastas Alfredo or Red Sauce Asst. Veggie Toppings Chicken or Meatballs Breadsticks Cookies	FAMILYLUAU TeriyakiChicken Fried Rice Stir Fry Veggies Mango Thai Salad Strawberry Shortcake

All breakfasts will include a breakfast bar with fruit, yogurt, milk and cereal, as well as toaster items like bagels and bread

All lunches and dinners will include a salad bar with fresh salad and dressings, as well as assorted items that will go with your main meal

Substitutions for dietary needs will be available, make sure Camp Hinds knows IN ADVANCE of your week-usually noted on med form



# HEALTH AND SAFETY



## LEADERSHIP IN CAMP

**Every troop is required to have two 21+ leaders in camp at all times.** All leaders in camp must have up-to date Youth Protection Training. For female units, there must be at least one registered female adult leader over the age of 21. **A registered female adult leader over the age of 21 must also be present for any activity involving female youth.** For example, if female scouts are going on a Tenny River Run, a female leader must also attend with those youth. Please note that for activities such as the Tenny River Run, there cannot be any single youth of a gender, there must be at least two scouts to have each other as a buddy!

## DRESS CODE

**We expect every scout and adult to dress appropriately for the activity they are participating in. . As always, we remind everyone that Scouting's Barriers to Abuse state, "Appropriate attire is required for all activities". For aquatic activities the BSA National Aquatics Committee recommends "...that swimwear should be comfortable, functional, and appropriate for the specific aquatic activity. The Subcommittee also recommends swimwear that is; clean, designed as swimwear, appropriate to the activity, secure enough to not shift or fall off while participating. Remember: Safety is the most important component of any clothing during an activity. Please focus on protecting each person's health and safety, while maintaining dignity and respect. "**

## COVID PROTOCOLS

**Unit leaders must check with all campers to ensure they are not feeling any symptoms related to COVID 19. Campers who are symptomatic must stay home.**

## MEDICAL SUPERVISION

**Dr. Donald Burgess oversees the medical staff at camp. A licensed health officer is in camp and on duty at all times to handle all medical emergencies. If the illness or injury is serious, the person is brought to a local health care facility. All medical illnesses or injuries must be reported to the health officers in camp - no matter how minor the incident.** Please report any dietary or health restrictions to the camp office at least one week prior to your arrival in camp.

Questions for the health officer? Please direct email the Camp Director ([hindsdirector@ptcbsa.org](mailto:hindsdirector@ptcbsa.org)) for assistance.

## PEANUT FREE ZONE

**At Camp Hinds, our Dining Hall is a peanut free zone. This means no foods with peanuts or peanut oil will be used in the kitchen or in the dining hall. Troops may still choose to have peanut butter in their campsites as long as the scouts in their campsite do not have a peanut allergy. *Please only eat snacks with peanuts or peanut products in your troop's campsite. Do not eat peanut products in any common areas of camp so we can keep our camp community safe and healthy!*** Our Trading Post will still carry individually wrapped candy bars that may have peanuts or peanut butter in them. Be sure to wait and enjoy these treats in your campsite!

## HANDICAPPED INFORMATION

**At Camp Hinds, we aim to make our program available to all campers. If you have a person that may require special attention, auxiliary aids, or any reasonable accommodations, please contact the Camp Director at [hindsdirector@ptcbsa.org](mailto:hindsdirector@ptcbsa.org) at least two weeks before your stay at Hinds.**

## MEDICAL FORMS

**All campers and leaders attending camp must have a completed BSA medical form on file with the Health Lodge while at Camp Hinds. Those campers (adults and youth) who are staying overnight must have a 'Part C' completed.** Please be sure to use the medical form intended for those attending camp. Scouts and leaders must have a valid physical within 12 months of camp, and a completed Part C with physician's signature. The height and weight at the bottom of the form only applies for high adventure activities, not for your week at Camp Hinds. For the section labeled "Adults Authorized to Take Youth to and From Events," we recommend that you have parents/guardians write "Licensed Driver over the age of 21 with permission of the Scoutmaster." Then, be sure to have parents/guardians include any adults NOT authorized in the next section.

**It is a regulation of the Boy Scouts of America that anyone who does not have a completed and signed medical form at the check-in time at camp will not be allowed to remain in camp. NO EXCEPTIONS will be made.** As scoutmasters and leaders, you should collect all medical forms and check them to make sure they are complete prior to leaving for camp.

**Please MAIL a hard copy of each person's health form to Camp Hinds using the address below at least two weeks prior to your stay in camp.**

Camp Hinds  
Attention: Health Lodge  
146 Plains Road  
Raymond, ME 04071

The health officers will review the forms before your arrival, providing a smoother check-in for your troop once you arrive in camp. Please make two copies of your medical forms; one for camp and one for your records. Bring the extra copy of med forms to camp, just in case. Please do not email medical forms to camp.

## ADULT AND SCOUT MEDICATIONS

**ALL non-emergency medications will be checked in on Sunday at the Health Lodge during your unit's health checks.** Non-emergency medications will be stored in lockers in the Dining Hall, with unit leaders having 24-hour access. Medications will be secured with a padlock; unit leaders will receive their combination on Sunday after check-in.

## EMERGENCY MEDICATION PLAN (FOR ASTHMA AND ALLERGY PATIENTS)

The State of Maine requires that all campers that are going to carry a rescue inhaler or EpiPen provide the health lodge with an Emergency Medication Plan. In addition, each camper must have parent and physician approval to carry the inhaler or EpiPen and can demonstrate that they know how to properly administer the medication. At the time of check in, the health staff at Camp Hinds will evaluate the camper's ability to use the inhaler or EpiPen. ***Please complete an Emergency Medication Plan with a physician and send it to camp with the scout's medical form.*** A copy of the student's school asthma or EpiPen plan will be acceptable as well.

# HEALTH AND SAFETY POLICIES

The following policies and rules have been established by camp administration for the safety, health, and protection of all campers and leaders in camp.

- **NO ALCOHOL or ILLEGAL DRUGS** are permitted in camp at any time!
- **NO FIREARMS, AMMUNITION, FIREWORKS, HAND HELD WEAPONS** (swords, nightsticks, butterfly knives, etc.) or **ARCHERY EQUIPMENT** may be brought into camp. Due to our liability insurance, youth can only use equipment provided by Camp Hinds.
- **NO OPEN FLAMES IN ANY TENTS!** Troops may only use self contained stoves and lanterns in campsites under the direction of knowledgeable adults.
- **NO LIQUID FUELS MAY BE USED TO START FIRES! ALL LIQUID FUELS MUST BE KEPT IN THE LOCKED LIQUID FUEL LOCKER PROVIDED BY CAMP.**
- **NO RUNNING IN CAMP**, except in an athletic field or sporting event. During an emergency situation, you may move quickly without running.
- **NO PETS** allowed by campers or visitors.
- **APPROPRIATE FOOTWEAR** is required at all times.
- **THE BUDDY SYSTEM** for scouts is required for ALL activities in camp. Buddies need to be within 2 years of each other, same sex, (including siblings) and both parties need to be comfortable with the selection of the buddy. This includes tenting arrangements.
- **SMOKING IS ONLY ALLOWED IN DESIGNATED SMOKING AREAS BY 21+ YEAR OLD ADULTS.** The smoking area is the back section of the parking lot out of sight of campers.
- **ALL VEHICLES NOT NECESSARY TO THE OPERATION OF CAMP WILL BE KEPT IN THE PARKING LOT.** Exceptions to the parking rule will be made for those with a physical handicap through arrangements with the Camp Director. Parking passes will be issued to troops on Sunday and Saturday afternoons in order to transport supplies to and from your campsite. The no vehicle rule is for the safety of our Hinds community, recommended by the Fire Marshall.
- **YOUTH PROTECTION GUIDELINES**, as established by Pine Tree Council and the BSA, **ARE TO BE ENFORCED AT ALL TIMES.** Any physical emotional, sexual or neglectful abuse must be reported to the Camp Director immediately so the proper steps can be taken to protect the scout.
- Scouts and **LEADERS LEAVING AND ENTERING CAMP AT ANYTIME MUST SIGN IN AND OUT OF THE CAMP OFFICE.** No Scout shall be released from camp without the permission of their parent or guardian. Older and younger siblings and guests of scouts and leaders are not permitted to stay overnight, even if their parents are staying in camp.
- **VALUABLES SHOULD BE LEFT AT HOME!** Please encourage scouts to leave all electronic and/or expensive equipment at home. Advise your scouts not to leave valuable items they do not have in camp unlocked in their campsites. Camp Hinds is not responsible for damaged or lost items during your stay.

## EMERGENCY PROCEDURES

Camp Hinds has established emergency procedures recommended by the BSA for lost campers, lost swimmers, fires, and severe storms. We use a siren as a warning device when it becomes necessary for the camp to gather together. Camp Hinds has written agreements with local fire, police, and medical departments to provide us with the necessary coverage for any emergency. Additional information on the emergency procedures we follow at camp will be posted in each campsite for all campers and leaders to review. We will review procedures on Sunday during the SM/SPL meeting as well.



# CAMPSITE INFORMATION



Each troop campsite has tents on platforms that can sleep two people comfortably. Cots, picnic tables with tarps, water buckets, a flagpole, and a bulletin board are also provided in each campsite. Some campsites do have cabins or lean-tos available as well.

Troops are encouraged to spruce up their campsite with troop flags or banners, cooking equipment and lanterns. Troops may want to bring their own sports equipment, paper products, water jugs, and campsite games. Remember to bring equipment for cooking in your campsite night on Wednesday!

## CAMPSITE SELECTION

**You can select your preferred campsite when you register for camp online through Pine Tree Council. While we do our very best to meet your campsite requests, we are not always able to grant you your first choice. We appreciate your flexibility throughout this process.** We will always do our best to accommodate your needs and ensure that you have a wonderful week at camp! Please see our notes below to help guide your decision making when selecting your campsite preferences. **Our campsites on the main side of camp (off of Plains Road) include:** Baden Powell, Dan Beard, Wilderness, Ridgway, West, Boone, Patrick, Macmillan, and Pershing. Wilderness Campsite is reserved for Troop H (provisional) scouts and Counselors in Training. **On Tenny Side, our campsites include** Siple, Brownsea, Tenny, Maguire, and Bailey.

## TENTING ACCOMMODATIONS AND GUIDELINES

**Separate tents for adult males and females and youth males and females are required.** Adults and youth may not share tents, even if they are related. Adult spouses may share tents.

**Youth sharing tents may not be more than 2 years apart in age, regardless of relation.** Siblings who are more than 2 years apart in age may not share a tent.

**Each site has a designated scoutmaster tent. Please make sure a scoutmaster is located in this tent - not a youth camper.** In the event of an emergency, this provides safe access to a scoutmaster in the event of an emergency.

## NOTES ABOUT SPECIFIC CAMPSITES

- **Tenny Campsite** has Adirondacks with open fronts. If your troop selects this campsite, please have all scouts bring tarps to cover the front of the lean-to for additional privacy, and for rain protection. Tenny Campsite also has a leader's cabin within the site.
- **Dan Beard Campsite** is a beautiful and secluded spot. Because of this, there is not a spot for a trailer to be parked in the campsite. However, the campsite is one of the closest sites to the main parking lot and the Dining Hall.
- Looking for a campsite right on the water? You'd love staying in **Pershing, Siple, Brownsea, or Tenny.**
- Looking for a campsite close to the Dining Hall? **Dan Beard, Patrick, and Baden Powell** are excellent options!
- Do you want a campsite that is quiet and tucked away from the action? **Ridgway, West, Bailey and Maguire** are quieter, serene options.
- Looking to be in the center of everything? **Boone, and Macmillan** are just for you!
- Although each campsite has a latrine, proximity to a showerhouse may be important to you. If so **Macmillan, and Siple** are the closest you can get to any of our three shower houses.
- **Byrd** campsite is temporarily closed to work on the campsite and allow vegetation to grow

## QUIET HOURS AND CAMPSITE ETIQUETTE

It is important to get enough sleep while you're at camp to have the best experience possible! As a camp leader, you should see that your scouts are in your campsite by 9:00 pm and that quiet hours are observed from 9:30 pm until 7:00 am. A siesta is scheduled each day directly following lunch to allow rest time for all scouts, leaders, and staff. Within your campsite, everyone should follow the Scout Law by following quiet hours, assisting with campsite and camp cleanliness, and showing respect for Camp Hinds and our community.

## CAMPSITE INSPECTION

Camp Commissioners will inspect each campsite on a daily basis. Commissioners will be looking for safety, conservation, organization, cleanliness, and spirit! Troop Inspection Sheets are posted on the bulletin board in every campsite. If your troop has the best site in camp, your troop will be recognized at the Friday campfire!

## FIRE SAFETY AND CAMPSITE SUPPLIES

**A broom, rake, shovel, fire buckets, and a water hose will be kept in each campsite. Commissioners will check each day to ensure equipment is there. Equipment that is lost or broken due to misuse will be charged to the unit.** Please leave this equipment in your campsite at the end of the week - it does not need to be brought to the camp room. When having campfires in your site, please follow Leave No Trace guidelines and use care and caution. Only established fire rings may be used for campfires in camp. You may not use liquid fuels to start fires. Open flames of anytime are not permitted around or in any tent. Your campfire ring must have full fire buckets around, and a shovel.

## LATRINE SAFETY

Each campsite has a latrine with toilet stalls and hand-washing facilities. For the safety of all of our scouts and leaders, each latrine stall locks and has an occupied or open sign on it. When using a stall, you should flip the sign to show the sign is occupied, and flip the sign to open upon leaving the stall. As troop leaders, you are responsible to monitor the latrines and you may create a system within your campsite to ensure all campers and leader feel comfortable using the latrine. If you notice any stalls needing a sign (or other materials), you can acquire more in the Camp Room. Please let us know!

## SHOWERHOUSE SCHEDULE

Hot showers with individual shower stalls are located in one of our three showerhouses: Nature, Boone, and Tenny. The showerhouse schedule will be shared with you upon your arrival at camp.

## VEHICLES IN CAMP

**All vehicles, unless you have acquired specific permission and a parking pass from the Camp Director, must be parked in one of three designated parking lots. These lots include the main lot on the main side of camp, located near the shooting sports ranges off of Plains Road, the head of the road near the climbing wall off of Plains Road, and the Tenny Parking Lot off of River Road. Vehicle parking is not permitted in camp or in any campsites. If you must leave camp, remember to sign out with the main office and always have at least 2 adult leaders present for your troop. On Sunday during your check-in, ONE vehicle may be allowed to drop off troop gear for 1 hour using the parking pass in your Sunday Welcome Packet. Please be courteous of all scouts walking in camp and remember to return your vehicle to the parking lot as soon as your unit is done unloading. Vehicles in camp can be in the way for emergency vehicles entering camp- remember a scout is courteous.**



# ADDITIONAL INFORMATION



## THE CAMP ROOM

The camp room is located next to the camp office. Toilet paper, cleaning supplies, and extra fire buckets are available in the camp room. A limited supply of American Flags and cooking supplies are available for check out. The camp room will be open daily immediately following breakfast until 8:45. Please send a representative of your campsite to get supplies during this time. If you need emergency supplies during another time, please check in with the camp office.

## GOOD TURNS

A scout is clean and helpful! As troops, we ask that you help us keep camp clean each day through a rotating schedule of good turns. Good turns should be done immediately after lunch. You can find the good turn schedule posted outside the camp office.

## VOLUNTEER OPPORTUNITIES, CAMP PROJECTS, AND DONATIONS

We are committed to communicating our larger project needs prior to camp, and having opportunities for leaders like you shared with you during camp as well. Troops are always encouraged to perform small service projects as well. If you are interested in helping during your time at camp, please contact the Camp Director at [hindsdirector@ptcbsa.org](mailto:hindsdirector@ptcbsa.org).

## MADOCKAWANDA LODGE - ORDER OF THE ARROW SERVICE HOUR

Members of the Order of the Arrow have the opportunity to participate in the OA Service Hour while at camp. Members of the OA will join OA staff members for a service project at camp on Thursday evenings after dinner during the open period

## UNIFORMS

A long-established tradition of Camp hinds is wearing uniforms in camp. Our staff is in uniform at all times, unless their job requires a different outfit. You can recognize staff members by their photo name tags and staff shirts. We encourage all of our scouts and leaders to wear their Field Uniform every evening for retreat and for dinner. Camp shirts, hats, and other swag items are available in the Trading Post for purchase.

## TROOP PHOTOS

More information coming soon about troop photos!

## FRIDAY CAMPFIRE

Any troop is welcome to participate in the Friday evening campfire! Sign up for a skit, song, or cheer with the Program Director in the Camp Office. SKITS AND SONGS MUST BE APPROVED PRIOR TO PERFORMING IN THE CAMPFIRE. In the event of inclement weather, the campfire will be held inside the Dining Hall.

# THE TRADING POST

At Hinds, we operate a Trading Post, much like a general store. The Trading Post has camp t-shirts, sweatshirts, postcards, stamps, candy, soda, toiletries, souvenir items, and more! The amount of money that each Scout brings is an individual matter and should be determined by the Scout and his parents.

Generally speaking, \$50.00 is plenty for a week's stay.

## VISITORS AND SIBLINGS

All visitors must sign in at the camp office and take a visitor's badge. When you are done your visit, sign out at the office too and drop off your visitor's badge. Please do not visit camp if you are feeling unwell. Please keep in mind that our ultimate goal is to keep our campers in camp for the full duration of their week! Campers missing home may be affected for better or for worse with a visit from family- keep your camper in mind!

## DIRECTIONS TO HINDS

**Camp William Hinds**

**146 Plains Road**

**Raymond, ME 04071**

**Plains Road is between Routes 85 and 121, both of which intersect Routes 302 and 11.**

### **From the South:**

- Take Exit 48 (To Routes 25, 302: Riverside St.,
- Larrabee Rd.) off the Maine Turnpike
- Turn Right onto Riverside Street Turn Left onto Route
- 302 West
- Go 15 miles and turn Right onto Route 85 Go 6 miles
- on Route 85; past the Jordan Small School
- Turn Left onto Plains Road at the bottom of the hill
- Camp is 0.5 miles on Left

### **From the North:**

- Take Exit 63 (To Routes 202, 115, 4, 26: Gray/New
- Gloucester) off the Maine Turnpike
- Turn Left onto Route 202
- Go 0.5 miles and turn Right onto Route 26A
- Go 3 miles and turn Left onto North Raymond Road
- Go 1 mile and turn Left onto Egypt Road At the end of
- Egypt Road, turn Right onto Route 85
- Go 1.8 miles on Route 85; past the Jordan Small School
- Turn Left onto Plains Road at the bottom of the hill
- Camp is 0.5 miles on Left.

# AWARDS AND RECOGNITION

## Awards and Recognition

At Camp Hinds, we encourage all campers, scoutmasters and staff to do their best, fully participating in everything that Hinds has to offer. To help encourage our Hinds community to live out the Scout Law each day, we have the following awards to offer. Award recipients will be recognized on Friday at the closing campfire.

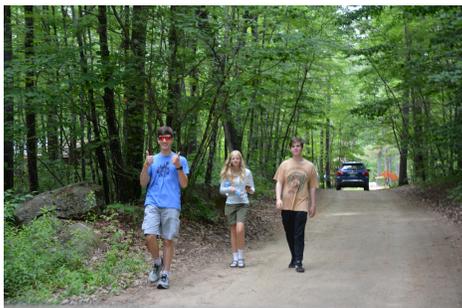
Honor Camper Award: Troops will vote for the scout in their unit that has best lived the Scout Oath and Law during their week at camp. Nominations will be submitted at the end of the week and more information will be provided at the Sunday scoutmaster meeting.

Honor Scoutmaster Award: At Hinds, we want to recognize incredible scoutmasters who enjoy and participate in their week at Hinds. More information will be provided at the Sunday scoutmaster meeting.

Honor Staff Member Award: Troops can recognize outstanding staff service during the week by nominating a favorite staff member. Take note of quality service and outstanding kindness!

Paul Bunyan, Totin Chit, and Firem'n Chit: All three of these awards can be earned in the scoutcraft area during evening open areas.

Leave No Trace and Outdoor Code Award: Scoutmasters, scouts, and staff can nominate a scout, staffer, or leader who has gone above and beyond to uphold the principals of Leave No Trace and the Outdoor



**To register for summer camp, merit badges, + reserve a campsite:  
VISIT [HTTPS://CAMPHINDS.ORG/REGISTRATION/](https://camphinds.org/registration/)**

**Interested in teaching a merit badge or helping out at hinds?  
Email [hindsdirector@ptcbsa.org](mailto:hindsdirector@ptcbsa.org) and [hindsprogram@ptcbsa.org](mailto:hindsprogram@ptcbsa.org)**

**WE LOOK FORWARD TO ADVENTURING WITH YOU AT HINDS THIS SUMMER!**





# PACKING LIST



- Medical form (including signed part C)
- Any prescription medications
- Scout Uniform (recommended)
- T-shirts and shorts (and any other clothing scouts wish)
- Shoes (appropriate for walking around camp)
- Underwear
- Pajamas or sleeping clothes
- Sleeping Bag, or sheets and a light blanket
- Pillow
- Swim suit
- Rain jacket or poncho
- Towel and shower supplies
- Toothbrush and toothpaste
- Flashlight and extra batteries
- Insect repellent
- Sunscreen
- Water bottle
- Money for the trading post (\$50 should be enough)



# CAMP EMERGENCY MEDICATION PLAN

Scout's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Pack or Troop #: \_\_\_\_\_

Camp Hinds

Camp Telephone & Fax: 207-655-4878

## TO BE COMPLETED BY PARENT OR GUARDIAN:

I authorize the exchange of medical information about my child's asthma between the physician's office and camp nurse.

Parent or Guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian tel.# home: \_\_\_\_\_ work: \_\_\_\_\_ cell phone: \_\_\_\_\_

Physician/Healthcare Provider Name: \_\_\_\_\_ Parent concerns: \_\_\_\_\_

My child may carry and use his/her: Inhaled asthma medicine  Yes  No Epi-Pen  Yes  No  N/A

## TO BE COMPLETED BY CAMPER'S PHYSICIAN/HEALTHCARE PROVIDER:

Provider name: \_\_\_\_\_ Tel.#: \_\_\_\_\_ Fax# \_\_\_\_\_

NO changes from previous plan

### Peak Flow:

Child's predicted, or personal best peak flow: \_\_\_\_\_ Date: \_\_\_\_\_

Child's Green Zone: \_\_\_\_\_ Yellow Zone: \_\_\_\_\_ Red Zone: below \_\_\_\_\_

### Medications:

Preventive (Controller) Medications: \_\_\_\_\_

### Quick Relief Medications: (check the appropriate quick relief med, circle device, list dose/frequency):

Albuterol (Proventil, Ventolin)  Pirbuterol (Maxair)  Other: \_\_\_\_\_

▶ Inhaler with spacer OR nebulizer ▶ Dose/Frequency: \_\_\_\_\_

### Allergies /Triggers for asthma: None known

Avoid animals

Other triggers to avoid: \_\_\_\_\_

### Exercise Pretreatment Instructions (check all that apply)

Give 2 puffs of quick relief inhaler 15 minutes prior to recess/ physical education and/ or \_\_\_\_\_

May repeat 2 puffs of quick relief inhaler if symptoms recur with exercise, or \_\_\_\_\_

Measure Peak Flow prior to recess / physical education; restrict aerobic activity when child's peak flow is below \_\_\_\_\_

### Asthma Exacerbation Treatment Instructions:

➤ **YELLOW ZONE:** If child is coughing, wheezing or short of breath, and/or peak flow is in Yellow Zone:

Give 2 puffs of child's quick relief inhaler with spacer (or nebulizer treatment). May be repeated in 10 minutes if doesn't recover to Green Zone. Notify parents of exacerbation.

Other: \_\_\_\_\_

➤ **RED ZONE:** If child is in respiratory distress, and/or peak flow is in Red Zone:

Give 4 puffs quick relief inhaler (or nebulizer treatment), and call parent and Healthcare Provider.

Call 911 if child does not improve quickly or parents/Healthcare Provider cannot be reached.

Other: \_\_\_\_\_

### Special Instructions:

Maine law now permits campers to carry and use inhaled medications and Epi-pen after demonstrating appropriate use of Inhalers and or Epi-Pen to camp nurse. Please check appropriate boxes below:

➤ This camper has the knowledge and skill to carry and use:  Inhaled medication  Epi-pen

➤ This camper is not able to carry and use by himself/herself:  Inhaled medication  Epi-pen

➤ Please contact Healthcare Provider and parent if camper is using quick relief medicines more than 2 times a week (i.e. in excess of pre-exercise treatment)

Other: \_\_\_\_\_

\_\_\_\_\_  
Healthcare Provider signature

\_\_\_\_\_  
Date

## TO BE COMPLETED BY CAMP NURSE:

This camper demonstrates knowledge and skill to carry and use:

Inhaler medications  YES  NO

Epi-Pen  YES  NO  N/A

\_\_\_\_\_  
Camp Nurse Signature

\_\_\_\_\_  
Date

# TROOP ROSTER

REMINDER: Please have this roster ready to turn in at the Scoutmaster's Meeting at 1:00 PM on Sunday.

Troop: \_\_\_\_\_ Council Name: \_\_\_\_\_

Week: \_\_\_\_\_ Campsite: \_\_\_\_\_

## TOTALS:

# Full Time Adults: \_\_\_\_\_

# Part Time Adults: \_\_\_\_\_

# Scouts: \_\_\_\_\_

## CONTACT:

Camp SM Name: \_\_\_\_\_

Camp SM Phone #: \_\_\_\_\_

Camp ASM Name: \_\_\_\_\_

Camp ASM Phone #: \_\_\_\_\_

## ADULT LEADERS:

Name of Leader	Position	Days in Camp (Please Circle)
1. _____	_____	S M T W TH F
2. _____	_____	S M T W TH F
3. _____	_____	S M T W TH F
4. _____	_____	S M T W TH F
5. _____	_____	S M T W TH F
6. _____	_____	S M T W TH F
7. _____	_____	S M T W TH F
8. _____	_____	S M T W TH F

## YOUTH:

Patrol Name: \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

## YOUTH LEADERS:

1. \_\_\_\_\_ SPL

2. \_\_\_\_\_ ASPL

# TROOP ROSTER

Troop: \_\_\_\_\_ Week: \_\_\_\_\_

## YOUTH:

Patrol Name: \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

## YOUTH:

Patrol Name: \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

## YOUTH:

Patrol Name: \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

## YOUTH:

Patrol Name: \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

ANY NOTES THAT CAMP ADMIN SHOULD KNOW ABOUT YOUR ROSTER?

---

---

---