

CAMP HINDS

PARENT GUIDE

SUMMER 2024

CAMP WILLIAM HINDS
PINE TREE COUNCIL
RAYMOND, MAINE





PARENT TIMELINE



Before April 15th

- Take advantage of our Early Bird discount! Pay in full by this date to save \$50 through the Parent Portal of Blackpug. Coordinate your registration with your troop's Scoutmaster
- If you are requesting a campership, turn in your campership form by this date!

30 Days Prior to Coming to Camp Hinds

- Finalize travel plans, shakedown equipment, leadership, and transportation
- Make final payments through the parent portal of Blackpug
- Review Merit badge online sign-ups
- Review BSA Health Forms for accuracy and completeness
- Make sure Part C is signed by a physician, and that the front is signed by a parent/guardian
- Prepare gear for Wednesday **Dutch oven** cookout meal in campsite

At Least Two Weeks Prior to Your Arrival

- Your Scoutmaster should mail your medical forms to camp!
- Please give your Scoutmaster two copies of your completed medical form, one to mail in and one to have in hand just in case
- Scouts without a completed medical form will be asked to go home until a completed med form is turned into the health lodge
- Contact the Camp Director if anyone in your troop has dietary concerns!

1 PM on Sunday of Your Week at Hinds

- Come to camp ready to have a great time!
- Please note that **no one will be allowed into camp until 1 pm, after the SPL/SM meeting.**





WELCOME TO HINDS!



Less than an hour outside of Portland, Camp Hinds is nestled on the shores of Panther Pond in Raymond, Maine. Camp Hinds is owned and maintained by Pine Tree Council, BSA. Founded in 1927, Camp Hinds boasts 300 acres of beautiful landscapes full of opportunities. Camp Hinds has a number of facilities including a Dining Hall with over 500 seats, a Health Lodge, a Recreation Hall, a Trading Post, High and Low Ropes Courses, Messer Training Center, waterfront areas, and more! Hinds is primarily used as a traditional resident summer camp and as the headquarters of Pine Tree Council, but the action doesn't end there! Once summer camp has ended, many scout units utilize the beautiful properties and facilities at Hinds throughout the fall, winter, and spring.

Camp Contact Information

A phone is located in the camp office for emergency and business use. The camp phone number will be given to leaders upon arrival in camp. If there is an emergency, please call this number.

Scouts love to receive mail during their stay at camp! We encourage you to write letters to your scout early in the week to ensure the mail will reach camp during your scout's stay. A mailbox is located in the trading post for each campsite and mail is delivered daily. Leaders, please check your campsite's mailbox a few times a day for messages and mail. All emergency messages will NOT be placed in your mailbox, but will instead be delivered by camp staff immediately to the involved party's adult leaders in camp.

Mailing Address:

Scout's Name

Scout's Troop # and Campsite

Camp Hinds

146 Plains Road

Raymond, ME 04071

To reach camp leadership, please call the camp office or email the Camp Director and Program Director using the information below.

Camp Director - Jacob Lanoue

hindsdirector@ptcbsa.org

Program Director - Anna Gervais

hindsprogram@ptcbsa.org

Stay Up to Date

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Camp William Hinds

Follow Us on Instagram!

[@camp_hinds](https://www.instagram.com/camp_hinds)

Visit Us Online!

www.camphinds.org



CAMP DATES



Week 1: June 30th – July 5th

- Traditional Summer Camp for Troops and Provisional (Troop H) Scouts
- Casco Bay Sailing Experience
- Counselor In Training Program Week 1

Week 2: July 7th – July 12th

- Traditional Summer Camp for Troops and Provisional (Troop H) Scouts
- SCUBA Week with NAUI Certification
- Counselor In Training Program Week 2
- Casco Bay Sailing Experience
- Additional STEM Merit Badge Offerings Through Portsmouth Naval Shipyard Partnership
- SEAPERCH Through Portsmouth Naval Shipyard Partnership

Week 3: July 14th – July 19th

- Traditional Summer Camp for Troops and Provisional (Troop H) Scouts
- SCUBA Week with NAUI Certification
- Counselor In Training Program Week 3
- Additional STEM Merit Badge Offerings Through Portsmouth Naval Shipyard Partnership
- SEAPERCH Through Portsmouth Naval Shipyard Partnership

Week 4: July 21st – July 26th

- Traditional Summer Camp for Troops and Provisional (Troop H) Scouts

Camp Hinds Staff

Camp Hinds has a staff of approximately 40 scouts and scouters. Members of our camp staff are all registered members of the Boy Scouts of America. We are committed to promoting the aims and methods of scouting to the fullest and to providing quality and fulfilling programming for all scouts. Hinds is led by a Camp Director who works with a Program Director as well as Camp's Council Advisor and the Camp Ranger. Each area in camp is overseen by an area director, many of whom have attended National Camping School for rigorous, job-specific training. Camp Hinds meets the standards presented by the BSA National Office for an Accredited BSA Summer Camp and the State of Maine Summer Camp Standards. Our staff are enthusiastic to assist you in any way possible, so please do not hesitate to ask for assistance. Schedule shifts, campsite movement, and program changes may occur occasionally when there is no other alternative. We thank you in advance for your flexibility. All decisions will be made with the best interest of the scouts and the program in mind.



CAMP PROGRAMS



CHECK OUT THE PROGRAM GUIDE!

To help our Hinds community better navigate our information and communication, we've separated our Program Guide out from this Leader Guide. We've also created a Parent Guide to help families and scouts feel prepared for their upcoming week at camp. Check out the Program Guide at camphinds.org.

TROOP H - PROVISIONAL

Scouts who can't get enough of camp are encouraged to participate in our provisional camper program, also known as Troop H. Troop H is staff supervised and is an excellent way for scouts to attend camp without their troop, or to attend more than one week of camp! All provisional campers stay in Wilderness Campsite. Units who are sending scouts to camp who are unable to bring 2 adult leaders to camp may be placed in Wilderness campsite with the provisional unit to satisfy the two-deep leadership necessary to have a unit in camp. To register for Troop H, visit <https://camphinds.org/registration/>

COUNSELORS IN TRAINING (CIT) PROGRAM

June 30th, 2024 through July 26th, 2024. Friday nights to Sunday noon off. Recommended for scouts ages 14 + 15 . 3 Full Weeks of Camp for the price of 1! The Counselor in Training (CIT) Program is the perfect opportunity for scouts wanting to spend more time at camp and learn about the exciting life of a member of camp staff! Scouts who apply for this program will spend three weeks working alongside our staff, experiencing and learning the benefits of being a Hinds Staffer. CITs will build communication and leadership skills and will get a jumpstart on work experience.

THEMED DAYS

Our theme for the summer is Luau Vacation! Check out our daily themes to celebrate even more throughout your week at Hinds!



Monday: Fun Sock Day

Wear your funkiest, favorite socks all day on Mondays!



Tuesday: Venturing, Exploring, and Sea Scouting, OH MY!

If you're a member of a venture crew, an explorer post, or a sea scouting ship, wear your favorite swag and share your favorite experiences in scouting. If you're not in a crew, post or ship, stop to talk with someone who is!



Wednesday: Troop Pride Day

Represent your troop with your favorite troop shirt and show off your troop spirit for Campwide Event!



Thursday: OA Day

Wear your favorite purple merch and wear your sash to dinner. Participate in OA Service Hour after dinner and earn an exciting OA Service Hour patch!



Friday: Aloha!

Wear a tropical shirt and get ready to limbo at our Friday Night Luau!



CAMP FEES



YOUTH FEES

The Regular Summer Camp Fee for the Camp Hinds 2024 Season is \$525 per week. An early bird discount is available for all who register before April 15th, 2024. The early bird discount makes the Summer Camp Fee \$475. Registrations must be paid in full before the deadline to receive the discount.

SECOND WEEK AND SIBLING DISCOUNTS

If you are coming for a second week of camp or have multiple scouts from the same household, your first week of camp is full price and your second week is only \$485! If you register for a second week of camp before April 15th, 2024, you will receive the early bird discount and your second week will only be \$435!

ADULT FEES

Two adults are free with the first eight scouts! One additional adult goes free for each additional eight scouts. Extra leaders are charged \$120 per week.

CAMPERSHIPS

Application deadline is April 15th, 2024. Financial assistance, usually a portion of the camp fee, is available on an individual basis for Scouts who could not attend camp without assistance. Applications must be submitted and approved by the unit leader and Pine Tree Council. Applications are available on camphinds.org under the "Resources" tab.

ORDER OF THE ARROW CAMPERSHIP

Campership funds are available through Madockawanda Lodge to deserving scouts through the Lenny Niman Memorial Campership Program. Applications are due May 1st and must be submitted [HERE](#). If you have questions about this campership, please contact purplelodge271@gmail.com.

CANCELLATION AND REFUND POLICY

30 days prior to start date is full refund, minus a 15% administrative fee. Anything between 2 weeks and 30 days is 50% refund. Within 2 weeks of the event refund is at the discretion of the Camp Director or staff adviser. Refunds are usually only granted in cases of emergency. **Units are responsible for paying their registrations in full ON SUNDAY BEFORE CAMP STARTS**

SPECIAL PROGRAMS AND HIGHLIGHTS

Most of our special programs like SEAPERCH, SCUBA, Casco Bay Sailing Experience, and certain merit badges are only available for one or two weeks during the summer. We recommend scouts that want to participate in these activities to join our provisional troop (Troop H) if your troop is not attending during a specific week of a specialty program. We give a discount to scouts who attend camp for more than one week. Register by April 15th to receive our early bird rate and an even steeper discount!



SUNDAY ARRIVAL



- Orientation meeting for Scoutmasters and SPLs at 12:30 pm on Sunday
- Arrival for scouts is promptly at 1:00 pm on Sunday.
- Troop entrance into camp begins at 1:00. **NO ONE WILL BE ALLOWED INTO CAMP BEFORE 1:00**

PLEASE NOTE THAT NO ONE WILL BE ALLOWED INTO CAMP UNTIL AFTER THE SPL/SM MEETING

Arrival for leaders and scouts will be on Sunday at the start of your scheduled week at camp. **Scoutmasters and SPLs must attend an orientation meeting at 12:30 pm at Tabor Retreat, the pavilion located near Cadigan Lodge and the Archery Range.**

At Camp Hinds, we have two parking lots. One is located on Tenny Side off of River Road and the other is located off of Plains Road. Scoutmasters will know ahead of time which campsite and parking lot families and scouts should go to on Sunday at the start of your week at camp. Scouts should plan to arrive just before gates open at 1:00 pm on Sunday. **If your troop is staying in any of our campsites located on Tenny Side, families and scouts should arrive at the parking lot located off of River Road. If your troop is staying in any of our campsites located in the main camp, families and scouts should arrive at the parking lot off of Plains Road.**

Scoutmasters and SPLs must attend the orientation meeting at 12:30 pm, even if your troop is staying on Tenny Side. The orientation meeting is located at Tabor Retreat, a pavilion that can be navigated to from the Plains Road parking lot.

At 1:00, troops will be greeted by their assigned campsite guide, who will accompany the scouts, parents, and leaders to their campsite. A vehicle pass will be given to each troop to allow gear to be brought to the campsite. **Vehicles without a pass will not be allowed into camp.** Once the gear has been fully unloaded, vehicles need to be moved back to the parking lot. Each troop is allowed a trailer with gear to remain in the campsite.

After unloading is complete and all vehicles are parked in the main parking lots, the campsite guide will take your troop on a tour of camp and to the Health Lodge for a medical check-in. All medications must be checked in at the Health Lodge at this time. **As a reminder, it is essential for leaders to have copies of all medical forms in case some are missing. All scouts and leaders staying more than 72 hours at camp need a completed medical form that includes a signed Part C.** Once the scouts and leaders have completed their medical check-in, they will be given identifying armbands to wear for the remainder of their week-long stay at Hinds.



MEALS



FRIDAY NIGHT LUAU AND DEPARTURE

Join us Friday night at 5:30 for a family luau! Join your scout for their last dinner at camp! They can purchase tickets at the Trading Post for \$7 ahead of time, or pay at the door. Scoutmasters, please let the Trading Post know by Thursday how many visitors you will have (approximately) at the Friday Luau! Not only is it your last meal in camp, but it's also the lead in to our closing campfire! Families are encouraged to stay for the closing of their scout's week of camp!

DINING HALL AND MEALS

Meals are prepared by our kitchen staff and served in the dining hall. The camp menu has been designed and dietitian approved to ensure that properly balanced meals are being served to all that visit Camp Hinds each summer. Dinner and breakfast will be served family style, lunch will be served as a grab-and go. Troops are assigned tables at the dining hall on Sunday by the Dining Hall Steward based on the number of people in your troop, including adults. These assignments will be used for breakfast and dinner. Tables are set to hold 8 people. We strongly recommend that troops assign one adult leader to each table. Please be aware there may be an instance where your troop may share a table with another troop. During breakfast and dinner we ask if you have extra food left in your serving dishes, you share with the tables around you.

CAFETERIA STYLE LUNCH

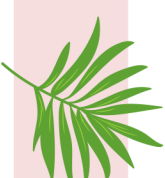
Though breakfast and dinner are "family style" meals, we shift things just a bit for lunch to provide convenience and efficiency for your troop. Our dining hall will be open and serving lunch each day from 12:00 until 1:00. As scoutmasters, you can decide if you want your troop to eat together, by patrol, or with a buddy. You can choose to eat inside the dining hall or outside on the picnic tables (located behind the dining hall near the entrance to Wilderness Campsite). A self-serve salad bar is available in addition to a lunch entree (and dessert) which can be picked up at the buffet line inside the kitchen. Our cafeteria style lunch allows your troop to have flexibility and the opportunity for a longer lunch break or siesta.*Friday Lunch will not be cafeteria style, but will be a waited sit-down meal. Please send waiters at 11:40 to set tables for their troop*

SPECIAL DIETS

Please contact the Camp Office at least one week prior to your arrival at camp for special diets and dietary concerns. We appreciate your timeliness with this so we can make proper arrangements and food can be ordered. Email Jacob Lanoue at hindsdirector@ptcbsa.org.



CAMP HINDS SAMPLE MENU



*subject to change

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST		French Toast Bacon Syrup Tater Tots	Waffles Syrup Ham, Egg, Chz Bar	Omelets w/ Cheese Sausage Links	Breakfast Pizza Hash Browns	Western Breakfast Scramble Home Fries
LUNCH		Chicken Tender Wraps Buffalo Chicken Tortillas Cheese Dressings Carrot and Celery Sticks	Tailgate Lunch French Bread Pizza Baked Chicken Wings Assorted Hot Apps French Fries Caesar Salad	Walking Tacos Corn Chips Beef or Chicken Asst veggies Cheese Salsa Sour Cream	Hamburgers w/ bun Hot Dogs w/ bun Pasta Salad Potato Salad Chips	Sausage Sandwiches Italian Sausage Peppers & Onions French Fries
DINNER	Orange Chicken Garlic Broccoli Fried Rice Ice Cream Sandwiches	Baked Mac Macaroni and Cheese Roasted Chicken Breast Roasted Root Veg Brownies	Roasted Pork Loin Mashed Potatoes Steamed Veggies Gravy Dinner Rolls Ice Cream Cups	Cook in your Site! Dutch Oven style Turn in your Meal choices by Monday Lunch!	Pasta Bar Asst. Pastas Alfredo or Red Sauce Asst. Veggie Toppings Chicken or Meatballs Breadsticks Cookies	FAMILY LUAU Teriyaki Chicken Fried Rice Stir Fry Veggies Mango Thai Salad Strawberry Shortcake

All breakfasts will include a breakfast bar with fruit, yogurt, milk and cereal, as well as toaster items like bagels and bread

All lunches and dinners will include a salad bar with fresh salad and dressings, as well as assorted items that will go with your main meal

Substitutions for dietary needs will be available, make sure Camp Hinds knows IN ADVANCE of your week-usually noted on med form



HEALTH AND SAFETY



LEADERSHIP IN CAMP

Every troop is required to have two leaders in camp at all times. All leaders in camp must have up-to date Youth Protection Training. One must be over the age of 21 and the other may be over the age of 18. For female units, there must be at least one registered female adult leader over the age of 21. **A registered female adult leader over the age of 21 must also be present for any activity involving female youth.** For example, if female scouts are going on a Tenny River Run, a female leader must also attend with those youth. Please note that for activities such as the Tenny River Run, there cannot be any single youth of a gender, there must be at least two scouts to have each other as a buddy!

DRESS CODE

We expect every scout and adult to dress appropriately for the activity they are participating in. . As always, we remind everyone that Scouting's Barriers to Abuse state, "Appropriate attire is required for all activities". For aquatic activities the BSA National Aquatics Committee recommends "...that swimwear should be comfortable, functional, and appropriate for the specific aquatic activity. The Subcommittee also recommends swimwear that is; clean, designed as swimwear, appropriate to the activity, secure enough to not shift or fall off while participating. Remember: Safety is the most important component of any clothing during an activity. Please focus on protecting each person's health and safety, while maintaining dignity and respect. "

COVID PROTOCOLS

Unit leaders must check with all campers to ensure they are not feeling any symptoms related to COVID 19. Campers who are symptomatic must stay home.

MEDICAL SUPERVISION

Dr. Donald Burgess oversees the medical staff at camp. A licensed health officer is in camp and on duty at all times to handle all medical emergencies. If the illness or injury is serious, the person is brought to a local health care facility. All medical illnesses or injuries must be reported to the health officers in camp - no matter how minor the incident. Please report any dietary or health restrictions to the camp office at least one week prior to your arrival in camp.

Questions for the health officer? Please direct email the Camp Director (hindsdirector@ptcbsa.org) for assistance.

PEANUT FREE ZONE

At Camp Hinds, our Dining Hall is a peanut free zone. This means no foods with peanuts or peanut oil will be used in the kitchen or in the dining hall. Troops may still choose to have peanut butter in their campsites as long as the scouts in their campsite do not have a peanut allergy. *Please only eat snacks with peanuts or peanut products in your troop's campsite. Do not eat peanut products in any common areas of camp so we can keep our camp community safe and healthy!* Our Trading Post will still carry individually wrapped candy bars that may have peanuts or peanut butter in them. Be sure to wait and enjoy these treats in your campsite!

HANDICAPPED INFORMATION

At Camp Hinds, we aim to make our program available to all campers. If you have a person that may require special attention, auxiliary aids, or any reasonable accommodations, please contact the Camp Director at hindsdirector@ptcbsa.org at least two weeks before your stay at Hinds.

MEDICAL FORMS

All campers and leaders attending camp must have a completed BSA medical form on file with the Health Lodge while at Camp Hinds. Those campers (adults and youth) who are staying more than 72 hours must have a 'Part C' completed. Please be sure to use the medical form intended for those attending camp. Scouts and leaders must have a valid physical within 12 months of camp, and a completed Part C with physician's signature. The height and weight at the bottom of the form only applies for high adventure activities, not for your week at Camp Hinds. For the section labeled "Adults Authorized to Take Youth to and From Events," we recommend that you as parents/guardians write "Licensed Driver over the age of 21 with permission of the Scoutmaster." Then, be sure that you as parents/guardians include any adults NOT authorized in the next section.

It is a regulation of the Boy Scouts of America that anyone who does not have a completed and signed medical form at the check-in time at camp will not be allowed to remain in camp. NO EXCEPTIONS will be made.

Scoutmasters should collect these medical forms before the troop's week of camp.

Please make sure your scout has had a physical within a year from their stay in camp. Please make sure PART C of their med form is filled out and signed by the physician who administered the physical.

The health officers will review the forms before your arrival, providing a smoother check-in for your troop once you arrive in camp. Please make two copies of your medical forms; one for camp and one for your Scoutmaster. Give the extra copy of med forms to your Scoutmaster to bring to camp, just in case. Please do not email medical forms to camp.

ADULT AND SCOUT MEDICATIONS

ALL non-emergency medications will be checked in on Sunday at the Health Lodge during your unit's health checks. Non-emergency medications will be stored in lockers in the Dining Hall, with unit leaders having 24-hour access. Medications will be secured with a padlock; unit leaders will receive their combination on Sunday after check-in.

EMERGENCY MEDICATION PLAN (FOR ASTHMA AND ALLERGY PATIENTS)

The State of Maine requires that all campers that are going to carry a rescue inhaler or EpiPen provide the health lodge with an Emergency Medication Plan. In addition, each camper must have parent and physician approval to carry the inhaler or EpiPen and can demonstrate that they know how to properly administer the medication. At the time of check in, the health staff at Camp Hinds will evaluate the camper's ability to use the inhaler or EpiPen. ***Please complete an Emergency Medication Plan with a physician and send it to camp with the scout's medical form.*** A copy of the student's school asthma or EpiPen plan will be acceptable as well.

HEALTH AND SAFETY POLICIES

The following policies and rules have been established by camp administration for the safety, health, and protection of all campers and leaders in camp.

- **NO ALCOHOL or ILLEGAL DRUGS** are permitted in camp at any time!
- **NO FIREARMS, AMMUNITION, FIREWORKS, HAND HELD WEAPONS** (swords, nightsticks, butterfly knives, etc.) or **ARCHERY EQUIPMENT** may be brought into camp. Due to our liability insurance, youth can only use equipment provided by Camp Hinds.
- **NO OPEN FLAMES IN ANY TENTS!** Troops may only use self contained stoves and lanterns in campsites under the direction of knowledgeable adults.
- **NO LIQUID FUELS MAY BE USED TO START FIRES! ALL LIQUID FUELS MUST BE KEPT IN THE LOCKED LIQUID FUEL LOCKER PROVIDED BY CAMP.**
- **NO RUNNING IN CAMP**, except in an athletic field or sporting event. During an emergency situation, you may move quickly without running.
- **NO PETS** allowed by campers or visitors.
- **APPROPRIATE FOOTWEAR** is required at all times.
- **THE BUDDY SYSTEM** for scouts is required for ALL activities in camp. Buddies need to be within 2 years of each other, same sex, (including siblings) and both parties need to be comfortable with the selection of the buddy. This includes tenting arrangements.
- **SMOKING IS ONLY ALLOWED IN DESIGNATED SMOKING AREAS BY 21+ YEAR OLD ADULTS.** The smoking area is the back section of the parking lot out of sight of campers.
- **ALL VEHICLES NOT NECESSARY TO THE OPERATION OF CAMP WILL BE KEPT IN THE PARKING LOT.** Exceptions to the parking rule will be made for those with a physical handicap through arrangements with the Camp Director. Parking passes will be issued to troops on Sunday and Saturday afternoons in order to transport supplies to and from your campsite. The no vehicle rule is for the safety of our Hinds community, recommended by the Fire Marshall.
- **YOUTH PROTECTION GUIDELINES**, as established by Pine Tree Council and the BSA, **ARE TO BE ENFORCED AT ALL TIMES.** Any physical emotional, sexual or neglectful abuse must be reported to the Camp Director immediately so the proper steps can be taken to protect the scout.
- Scouts and **LEADERS LEAVING AND ENTERING CAMP AT ANYTIME MUST SIGN IN AND OUT OF THE CAMP OFFICE.** No Scout shall be released from camp without the permission of their parent or guardian. Older and younger siblings and guests of scouts and leaders are not permitted to stay overnight, even if their parents are staying in camp.
- **VALUABLES SHOULD BE LEFT AT HOME!** Please encourage scouts to leave all electronic and/or expensive equipment at home. Advise your scouts not to leave valuable items they do not have in camp unlocked in their campsites. Camp Hinds is not responsible for damaged or lost items during your stay.

EMERGENCY PROCEDURES

Camp Hinds has established emergency procedures recommended by the BSA for lost campers, lost swimmers, fires, and severe storms. We use a siren as a warning device when it becomes necessary for the camp to gather together. Camp Hinds has written agreements with local fire, police, and medical departments to provide us with the necessary coverage for any emergency. Additional information on the emergency procedures we follow at camp will be posted in each campsite for all campers and leaders to review. We will review procedures on Sunday during the SM/SPL meeting as well.



CAMPSITE INFORMATION



Each troop campsite has tents on platforms that can sleep two people comfortably. Cots, picnic tables with tarps, water buckets, a flagpole, and a bulletin board are also provided in each campsite. Some campsites do have cabins or lean-tos available as well.

Troops are encouraged to spruce up their campsite with troop flags or banners, cooking equipment and lanterns. Troops may want to bring their own sports equipment, paper products, water jugs, and campsite games. Remember to bring equipment for cooking in your campsite night on Wednesday!

TENTING ACCOMMODATIONS AND GUIDELINES

Separate tents for adult males and females and youth males and females are required. Adults and youth may not share tents, even if they are related. Adult spouses may share tents.

Youth sharing tents may not be more than 2 years apart in age, regardless of relation. Siblings who are more than 2 years apart in age may not share a tent.

Each site has a designated scoutmaster tent. Please make sure a scoutmaster is located in this tent – not a youth camper. In the event of an emergency, this provides safe access to a scoutmaster in the event of an emergency.

QUIET HOURS AND CAMPSITE ETIQUETTE

It is important to get enough sleep while you're at camp to have the best experience possible!

As a camp leader, you should see that your scouts are in your campsite by 9:00 pm and that quiet hours are observed from 9:30 pm until 7:00 am. A siesta is scheduled each day directly following lunch to allow rest time for all scouts, leaders, and staff. Within your campsite, everyone should follow the Scout Law by following quiet hours, assisting with campsite and camp cleanliness, and showing respect for Camp Hinds and our community.

VEHICLES IN CAMP

All vehicles, unless you have acquired specific permission and a parking pass from the Camp Director, must be parked in one of three designated parking lots. These lots include the main lot on the main side of camp, located near the shooting sports ranges off of Plains Road, the head of the road near the climbing wall off of Plains Road, and the Tenny Parking Lot off of River Road. Vehicle parking is not permitted in camp or in any campsites. If you must leave camp, remember to sign out with the main office and always have at least 2 adult leaders present for your troop. **On Sunday during your check-in, ONE** vehicle may be allowed to drop off troop gear for 1 hour using the parking pass in your Sunday Welcome Packet. Please be courteous of all scouts walking in camp and remember to return your vehicle to the parking lot as soon as your unit is done unloading. Vehicles in camp can be in the way for emergency vehicles entering camp– remember a scout is courteous.

ADDITIONAL INFORMATION

VOLUNTEER OPPORTUNITIES, CAMP PROJECTS, AND DONATIONS

We are committed to communicating our larger project needs prior to camp, and having opportunities for leaders like you shared with you during camp as well. Troops are always encouraged to perform small service projects as well. If you are interested in helping during your time at camp, please contact the Camp Director at hindsdirector@ptcbsa.org.

MADOCKAWANDA LODGE - ORDER OF THE ARROW SERVICE HOUR

Members of the Order of the Arrow have the opportunity to participate in the OA Service Hour while at camp. Members of the OA will join OA staff members for a service project at camp on Thursday evenings after dinner during the open period

UNIFORMS

A long-established tradition of Camp hinds is wearing uniforms in camp. Our staff is in uniform at all times, unless their job requires a different outfit. You can recognize staff members by their photo name tags and staff shirts. We encourage all of our scouts and leaders to wear their Field Uniform every evening for retreat and for dinner. Camp shirts, hats, and other swag items are available in the Trading Post for purchase.

TROOP PHOTOS

Troop photos are \$10 and can be purchased at the Trading Post. Must be ordered before Wednesday.

FRIDAY NIGHT CAMPFIRE

Family and friends of your scout are encouraged to stay for our closing campfire on Friday night at 7:00! Troops and scouts can perform in the closing campfire and receive awards for their time at camp.



THE TRADING POST

At Hinds, we operate a Trading Post, much like a general store. The Trading Post has camp t-shirts, sweatshirts, postcards, stamps, candy, soda, toiletries, souvenir items, and more! The amount of money that each Scout brings is an individual matter and should be determined by the Scout and his parents. Generally speaking, \$50.00 is plenty for a week's stay.

VISITORS AND SIBLINGS

All visitors must sign in at the camp office and take a visitor's badge. When you are done your visit, sign out at the office too and drop off your visitor's badge. Please do not visit camp if you are feeling unwell. Please keep in mind that our ultimate goal is to keep our campers in camp for the full duration of their week! Campers missing home may be affected for better or for worse with a visit from family- keep your camper in mind!

DIRECTIONS TO HINDS

**Camp William Hinds
146 Plains Road
Raymond, ME 04071**

Plains Road is between Routes 85 and 121, both of which intersect Routes 302 and 11.

From the South:

- Take Exit 48 (To Routes 25, 302: Riverside St., Larrabee Rd.) off the Maine Turnpike
- Turn Right onto Riverside Street Turn Left onto Route 302 West
- Go 15 miles and turn Right onto Route 85 Go 6 miles on Route 85; past the Jordan Small School
- Turn Left onto Plains Road at the bottom of the hill
- Camp is 0.5 miles on Left

From the North:

- Take Exit 63 (To Routes 202, 115, 4, 26: Gray/New Gloucester) off the Maine Turnpike
- Turn Left onto Route 202
- Go 0.5 miles and turn Right onto Route 26A
- Go 3 miles and turn Left onto North Raymond Road
- Go 1 mile and turn Left onto Egypt Road
- At the end of Egypt Road, turn Right onto Route 85
- Go 1.8 miles on Route 85; past the Jordan Small School
- Turn Left onto Plains Road at the bottom of the hill
- Camp is 0.5 miles on Left.

Daily Activity Schedule

Summer 2024



Daily Activity Schedule - Summer 2024

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Theme		Sockday Funday	Venturing, Exploring, & Sea Scouting Day	Troop Pride Day	OA Day	Alcohol
6:45		Polar Bear Swim Swim Test Review & MB Changes at 6:30 AM Waiter's Call Breakfast	Polar Bear Swim Waiter's Call Breakfast	Polar Bear Swim Waiter's Call Breakfast	Polar Bear Swim Waiter's Call Breakfast	Polar Bear Swim Waiter's Call Breakfast
7:15						
7:30						
8:30		Merit Badge 1	Merit Badge 1 DOUBLE PERIOD	Merit Badge 1	Merit Badge 2	Merit Badge 1
9:20						
9:30		Merit Badge 2	Merit Badge 2 DOUBLE PERIOD (Polaris Hike)	Merit Badge 2 DOUBLE PERIOD	Merit Badge 3 DOUBLE PERIOD	Merit Badge 2
10:20						
10:30		Merit Badge 3	Merit Badge 3			Merit Badge 3
11:20						
11:30		SPL Meeting @ Dining Hall SSD & Safety Afloat at Main Beach - 11:30 Mile Swim	SPL Meeting @ Dining Hall Mile Swim	SPL Meeting @ Dining Hall Mile Swim	SPL Meeting @ Dining Hall Mile Swim	SPL Meeting @ Dining Hall Troop Time/Campsite Clean-up
11:45						
12:00	Parking Opens	Cafeteria Style Lunch	Cafeteria Style Lunch	Cafeteria Style Lunch	Cafeteria Style Lunch	Family Style Lunch
12:30	SM/SPL Meeting	Siesta	Siesta	Siesta	Siesta	Siesta
1:15	Welcome to Camp!	Troop Rotation Period 1	Troop Rotation Period 1	Campwide Event	Troop Rotation Period 1	Troop Rotation Period 1
3:00						
3:10						
3:55						
4:00	Med Checks Swim Tests Campsite Set Up	Troop Rotation Period 2 2:15 - 4:45 (Day 1 of 2)	Troop Rotation Period 2 2:15 - 4:45 (Day 2 of 2)	Troop Rotation Period 2 2:15 - 4:45 (Day 2 of 2)	Troop Rotation Period 2 2:15 - 4:45 (Day 1 of 2)	Troop Rotation Period 2 2:15 - 4:45 (Day 2 of 2)
4:45						
5:00						
5:40	Retreat & Waiter's Call	Retreat & Waiter's Call	Retreat & Waiter's Call	Troop Cooking	Retreat & Waiter's Call	Retreat at 5:15 Family LUAW at 5:30
6:00	Dinner	Dinner	Dinner	Dinner in Campsite	Dinner	
7:00	Waterfront Orientation	Open Areas	Scouts Own Service (7pm)	Open Areas	Open Areas	Closing Campfire
Until 8:30	Welcome Campfire - 8:00	-Fingerprinting MB -First Year Ice Cream Social -Leave No Trace Training in Nature -Let's Glow! 8:45 PM	Open Areas (Open After Scouts Own) -Movie in STEM -Star Party at 9:00 PM	-SCOUTS 14+ Intro to Mountain Life in Scoutcraft -Scoutmaster Splash - LUAW EDITION (8:30 PM)	-OA Service Hour & Ice Cream -Finish Your Plaque Night -Extra Merit Badge Help -Backpacking Food Demo in Scoutcraft	Friends and Family Welcome! 7:00 pm
9:00	Call to Quarters	Call to Quarters	Call to Quarters	Call to Quarters	Call to Quarters	Safe travels! See you next year!
9:30	Taps	Taps	Taps	Taps	Taps	



PACKING LIST



- Medical form (including signed part C)
- Any prescription medications for the week
- Scout Uniform (recommended)
- T-shirts and shorts (and any other clothing scouts wish)
- Shoes (appropriate for walking around camp)
- Underwear
- Pajamas or sleeping clothes
- Sleeping Bag, or sheets and light blanket
- Pillow
- Swim suit
- Rain jacket or poncho
- Towel and shower supplies
- Toothbrush and toothpaste
- Flashlight and extra batteries
- Insect repellent
- Sunscreen
- Water bottle
- Money for the trading post (\$50 should be enough)



CAMP EMERGENCY MEDICATION PLAN

Scout's Name: _____ Date of Birth: _____ Pack or Troop #: _____

Camp Hinds

Camp Telephone & Fax: 207-655-4878

TO BE COMPLETED BY PARENT OR GUARDIAN:

I authorize the exchange of medical information about my child's asthma between the physician's office and camp nurse.

Parent or Guardian signature: _____ Date: _____

Parent or Guardian tel.# home: _____ work: _____ cell phone: _____

Physician/Healthcare Provider Name: _____ Parent concerns: _____

My child may carry and use his/her: Inhaled asthma medicine ☐ Yes ☐ No Epi-Pen ☐ Yes ☐ No ☐ N/A

TO BE COMPLETED BY CAMPER'S PHYSICIAN/HEALTHCARE PROVIDER:

Provider name: _____ Tel.#: _____ Fax# _____

☐ **NO changes from previous plan**

Peak Flow:

Child's predicted, or personal best peak flow: _____ Date: _____

Child's Green Zone: _____ Yellow Zone: _____ Red Zone: below _____

Medications:

Preventive (Controller) Medications: _____

Quick Relief Medications: (check the appropriate quick relief med, circle device, list dose/ frequency):

☐ Albuterol (Proventil, Ventolin) ☐ Pirbuterol (Maxair) ☐ Other: _____
☐ Inhaler with spacer OR nebulizer ☐ Dose/Frequency: _____

Allergies /Triggers for asthma: ☐ None known

☐ Avoid animals
☐ Other triggers to avoid: _____

Exercise Pretreatment Instructions (check all that apply)

- ☐ Give 2 puffs of quick relief inhaler 15 minutes prior to recess/ physical education and/ or _____
- ☐ May repeat 2 puffs of quick relief inhaler if symptoms recur with exercise, or _____
- ☐ Measure Peak Flow prior to recess / physical education; restrict aerobic activity when child's peak flow is below _____

Asthma Exacerbation Treatment Instructions:

➤ **YELLOW ZONE:** If child is coughing, wheezing or short of breath, and/or peak flow is in Yellow Zone:

- ☐ Give 2 puffs of child's quick relief inhaler with spacer (or nebulizer treatment). May be repeated in 10 minutes if doesn't recover to Green Zone. Notify parents of exacerbation.
- ☐ Other: _____

➤ **RED ZONE:** If child is in respiratory distress, and/or peak flow is in Red Zone:

- ☐ Give 4 puffs quick relief inhaler (or nebulizer treatment), and call parent and Healthcare Provider.
Call 911 if child does not improve quickly or parents/Healthcare Provider cannot be reached.
- ☐ Other: _____

Special Instructions:

Maine law now permits campers to carry and use inhaled medications and Epi-pen after demonstrating appropriate use of Inhalers and or Epi-Pen to camp nurse. Please check appropriate boxes below:

- This camper has the knowledge and skill to carry and use: ☐ Inhaled medication ☐ Epi-pen
- This camper is not able to carry and use by himself/herself: ☐ Inhaled medication ☐ Epi-pen
- Please contact Healthcare Provider and parent if camper is using quick relief medicines more than 2 times a week (i.e. in excess of pre-exercise treatment)

Other: _____

Healthcare Provider signature

Date

TO BE COMPLETED BY CAMP NURSE:

This camper demonstrates knowledge and skill to carry and use:

Inhaler medications ☐ YES ☐ NO

Epi-Pen ☐ YES ☐ NO ☐ N/A

Camp Nurse Signature

Date