

BSA Lifeguard

Full Week-All Day Program | Age 15+ (and adults)

Week 5

The BSA lifeguard is an intensive program lead by our aquatics team at Hinds. Its greatest purpose is to educate older Scouts and adults giving them the skills necessary to be a certified lifeguard for BSA activities. The outcome of this program will give them a certification that is good for 3 years that will enable them to operate as a lifeguard at Scouting Camps and Aquatic Events, but can also be accepted by some public/private beaches, camps and YMCA's.



Prerequisites: Scouts and Adults in this program must be outstanding swimmers; a little boating experience is preferred but not required. Youth need to have swimming, lifesaving and first aid merit badges. Adults will need to contact Hinds prior to sign up for approval for this program, additionally they will be charged the “extra leader” fee as they will not be available to oversee their troop.



Space is limited so applicants that send in registration will be accepted first. If you are not associated with a troop staying at camp week 5, we recommend you join the provisional group.



Program Overview: This is an intensive program that will run all week and involve the candidate for most of the camp week, including evenings. Scouts will learn multiple rescue techniques including rescue from a watercraft, swimming extension rescue, active drowning rescue, passive drowning rescue, and submerged victim rescue. Course also covers long shallow diving, stride jumping, compact jump and defense and grip escapes and backboarding procedures. Students will need to pass a written exam on theory and knowledge showing an understanding of aquatics program and emergency management skills. Scouts will serve as a lifeguard at 2 or more aquatic events during the week.



Note: This course covers some first aid and CPR but in order for your certification to be valid, you must hold current certification in CPR. We encourage participants to attend a class offered by the American Heart Association, the American Red Cross or the National Safety Council prior to camp.