Medical Supervision

Dr. Donald Burgess oversees the camp medical staff. A licensed health officer is in camp, on duty at all times, to handle all medical emergencies. If the injury or illness is serious, the person is brought to a local health care facility. Written agreements are in place between Camp Hinds and local health care providers to care for our campers, staff and guests. <u>All medical illnesses or injuries must be reported to the health officers in camp - no matter how minor the incident.</u> Please report any dietary or health restrictions to the camp office at least one week prior to your arrival in camp.

Medical Forms

All Campers and Leaders attending camp must have a completed BSA medical form on file with the camp health office while at camp. Please be sure to use the 2012 BSA health form that has been developed (it is included in this packet). Scouts and Leaders must have a valid physical within 12 months of camp. The height and weight restrictions are only guidelines for summer camp but are mandatory for high adventure activities. Remember, for the section labeled "Adults Authorized to Take Youth to and From Events," we are recommending that under the "designate" portion you have parents/guardians write "Licensed Driver over the age of 18 with permission of the Scoutmaster." Then, be sure to have parents/guardians include any adults NOT authorized in the next section.

It is a regulation of the Boy Scouts of America that anyone who does not have a completed and signed medical form at the check-in time at camp will not be allowed to remain in camp. <u>NO exceptions will be made</u>. Camp Leaders should collect all medical forms and check them to make sure they are complete prior to leaving for camp. Please mail a copy of each persons health form to Camp Hinds at least two weeks prior to your stay in camp. The health officers will review the forms before your arrival to help provide your troop with a smooth check-in once camp begins. Please make two copies of your medical forms; one for camp and one for your records.



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Upon arrival in camp, all Campers and Leaders will go through a medical recheck at the Camp Health Lodge. **Pine Tree Council and Camp Hinds must comply with all State of Maine laws and BSA politics concerning medication in camp.** <u>ALL medications brought to camp</u> <u>by campers, leaders and staff MUST be given to the Health Officer upon arrival in camp.</u> <u>This includes prescription and non-prescription medicine.</u>

The Health Officer is available at scheduled times to administer medications as needed. An exception may be made for a limited amount of medications to be carried by the Scouts or adult for life-threatening conditions including; bee-sting kits, nitroglycerin, inhalers and medication specifically prescribed "to be carried at all times" by a physician. Camp supplies any over-the-counter medications and first aid supplies that your Scout may need during his week at camp.

Emergency Medication Plan

For Asthma Patients Only!

The State of Maine requires that All Campers that are going to carry a rescue inhaler or Epi-pens, provide the camp with an Emergency Medication Plan. Additionally, each camper must have their parent's and physician's approval to carry the inhaler and indicate that the camper is able to use the inhaler. At the time of check in, the camp health staff must also evaluate the camper's ability to use the inhaler. Please be sure to complete the Emergency Medication Plan with the physician and send it to camp with the health form. A copy of the school asthma plan will be acceptable as well.

Peanut Butter Free Zone

Due to the increase in campers having peanut butter allergies, some which are life threatening, we have decided to make the Camp Hinds dining hall a peanut free zone. This means no foods with peanut oil or peanut butter will be used in the kitchen or dining hall.

Any parents, who have a camper with food allergies, still needs to list the allergies on the campers health form and notify the camp at least two weeks in advance.

Many campers love a peanut butter sandwich, and this can be a great snack! Troops may still choose to have peanut butter in their campsites as long as the Scouts in their campsite don't have a peanut allergy. Our Trading Post will still carry individually wrapped candy bars that may have peanuts or peanut butter in them.

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Handicapped Information

Camp Hinds aims to make our program available to All Campers. If you have a person with a disability that may require special attention, auxiliary aids or any reasonable accommodations, please contact the *Camp Director* at 655-4878 at least two weeks prior to your stay at Camp Hinds.

Emergency Procedures

Camp Hinds has long established procedures recommended by the BSA for lost campers, lost swimmers, fires and severe storms. We use a siren as a warning device if and when it becomes necessary to call the camp together.

Camp Hinds has written agreements with local fire, police and medical departments to provide Camp Hinds with the necessary coverage for any emergency.

Further information on the emergency procedures to be followed while in camp can be found posted in each campsite for review by All Campers and Leaders in camp.

